

# Gulf Health Insurance Forum

Resilient Coverage, Smart Systems

Shaping the Future of Health Insurance in the GCC



Organized by 

7 & 8 February 2026

Hyatt Regency Creek Heights | Dubai | UAE

DAY 01

## SATURDAY, 7<sup>th</sup> FEBRUARY

08:00 - 09:00 Welcome & Registration

### Strategic Leadership, Policy Development & Governance

09:00 - 09:10 Opening Ceremony & Keynote Address **Prof Mohamed Farghaly** Chairperson

09:10 - 09:35 HTA & Value-Based Decision-Making Implications for Health Insurance Sustainability in the GCC **Dr Sara Al Dallal** Emirates Health Economics Society (EHES)

09:35 - 10:00 Health Insurance in Transition: Key Updates Shaping Value, Access, and Sustainability **Prof Nadia Al Mazrouei** The Professional Society for Health Economics and Outcomes Research (ISPOR UAE)

10:00 - 10:30 Panel Discussion: Policy to Practice, Turning Value into Payer Decisions  
 Moderator **Prof Mohamed Farghaly**  
 Panelists **Dr Sara Al Dallal** EHES, **Prof Nadia Al Mazrouei** ISPOR, **Dr Sahar Fahmy** DOH, **Dr Mohammed AlJeraisi** DOH

10:30 - 11:00 Reimagining Access to Innovation **Mr Alain Peddle** Novartis

### Networking Break

### Innovative Solutions for High-Burden Health Conditions

11:15 - 11:40 Breaking the Pressure Closing HTN Gaps with ASI **Dr Loai Abudaqa** Al Qassimi Hospital

11:40 - 12:05 Transforming Established MI Patient Care Intensive Approach on Dyslipidemia Management **Dr Hani Sabbour** Mediclinic Airport Road Hospital

12:05 - 12:30 Beyond Artificial Tears Miebo and the Future of Evaporative Dry Eye Care **Dr Nezzar Hachemi** Sheikh Shakhbout Medical City (SSMC)

12:30 - 12:55 The Silent Epidemic: Why MASH Matters? **Dr Farouk Khan** King's College Hospital Dubai

12:55 - 13:20 Wellness as a Cost Strategy Reducing Claims Cost through Prevention **Dr Shafiq Shaikh** MetLife

### Lunch Break

### Regional Insights and Alignment of Public Health Policies

14:05 - 14:30 The Saudi Insurance Drug Formulary From Strategic Vision to Actionable Reality **Prof Hussain Al Omar** Kingdom of Saudi Arabia

14:30 - 14:55 From Value Judgment to Coverage Decisions The Role of HTA in Healthcare Insurance Systems **Dr Said Al Rashdi** Oman

14:55 - 15:20 An Evaluation of the Dhaman Scheme and Future Policy Frameworks in Kuwait A Way Toward Stability **Dr Abdulaziz Alhenaiddi** Kuwait

### Networking Break

15:35 - 16:05 Panel Discussion: Public Policy and Insurance Sustainability Across the GCC  
 Moderator **Dr Sara Al Dallal**  
 Panelists **Prof Hussain Al Omar**, **Dr Said Al Rashdi**, **Dr Abdulaziz Alhenaiddi**

16:05 - 16:30 The Resilience Mandate Transitioning to Smart Value-Based Insurance Models for Cardiometabolic Care **Dr Karthikeyan Subramniam**

16:30 - 16:35 Closing Remarks **Prof Mohamed Farghaly** Chairperson

## SUNDAY, 8<sup>th</sup> FEBRUARY

08:00 - 09:00 Welcome & Registration

### Sustainable Health Platforms & Intelligent System Integration

09:00 - 09:25 Cost Containment and Sustainability **Dr Mohamed Badr** GlobeMed

09:25 - 09:50 VBHC Implementation Strategies **Dr Islam Zakaria** Almadallah

09:50 - 10:15 Digital Transformation of Health Insurance in UAE **Dr Ali Qasim** OH LLP

10:15 - 10:45 Panel Discussion: The UAE Private Insurance Outlook, Sustainability and Growth  
 Moderator **Dr Qasim Farooq**  
 Panelists **Dr Mohamed Badr**, **Dr Islam Zakaria**, **Dr Ali Qasim**

10:45 - 11:10 Navigating Nutrition In Oncology Insights From ESPEN & ESMO Guidelines **Dr Mohamed Omara** Dubai Hospital

### Networking Break

### Regional Insights and Alignment of Public Health Policies

11:25 - 11:50 Value-Based Healthcare Between Hope and Reality **Dr Ali Latif** Qatar

11:50 - 12:15 Proper Coding for Health Insurance Implementation **HE Shaikh Mohamed Ibrahim** Bahrain

12:15 - 12:40 Decade in Review Evaluating Kuwait's Healthcare System Transformations and Challenges **Dr Sultan AlSalahi** Kuwait

12:40 - 13:10 Panel Discussion: Regional Perspectives on Public Health Insurance Policies  
 Moderator **Ms Hessa Aloda** Kuwait  
 Panelists **Dr Ali Latif**, **HE Shaikh Mohamed Ibrahim**, **Dr Sultan AlSalahi**

### Lunch Break

### Private Insurance Updates

14:00 - 14:25 Obesity from Burden to Sustainability **Dr Hassan Ali** Almadallah

14:25 - 14:50 From Coverage to Care: Rethinking Healthcare Financing for Equity and Sustainability in the UAE **Dr Shady Lawand**

14:50 - 15:15 Sustainable Management of Rising Healthcare Costs in UAE **Dr Kifah Baraki** Dubai Insurance

### Networking Break

15:30 - 15:55 Medical Coding Errors and Their Impact on Healthcare Expenditure and Risk Pooling **Dr Muhammad Farhan Haq** Fidelity United Insurance

15:55 - 16:20 The 9 Domains of Integration as a Strategic Leadership Framework **Dr Afah Nazih** Egypt

16:20 - 16:40 Updates on Regenerative NeuroMedicine Non-Surgical Treatment for Back Pain **Dr Hisham Hakim** American Spine Center

16:40 - 16:45 Closing Remarks **Prof Mohamed Farghaly** Chairperson

## PARTNERS ACKNOWLEDGEMENT

### ENTHUSIAST



### ADVOCATES



### SUPPORTERS



DAY 02